When I Keep My Hands To Myself

A Social Story by: Sandy Athey

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People feel safe when I keep my hands to myself.

Sometimes when I put my hands on someone, it makes them feel scared because they don't feel safe.
Ideas for Use:

- Use as a read-aloud during groups to teach and reinforce the concept.

- Use with small groups or individuals to teach and reinforce the concept.

- Have students act out the emotions seen on each page as it is read and talk about why someone might feel those emotions using the BoardMaker pictures as cues.

- Put the story in your book center for students to read independently or to each other.

- Make a copy for individual students who may need to read it often for reinforcement of the concept.

- Enjoy!!

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Everyone likes to be happy. People are happy when they feel safe.
People feel safe when I keep my hands to myself.
It sometimes makes people sad when I put my hands on them. They don’t like that.
Sometimes when I put my hands on someone, it makes them feel scared because they don’t feel safe.
When I put my hands on someone and they don’t want me to, it can make them angry.
When I keep my hands to myself, everyone feels safe and happy! Yay!!