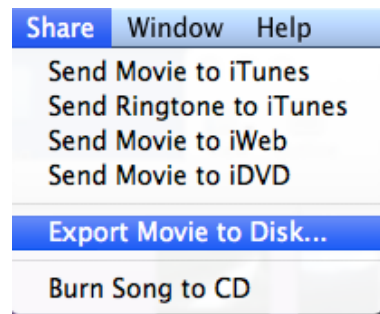
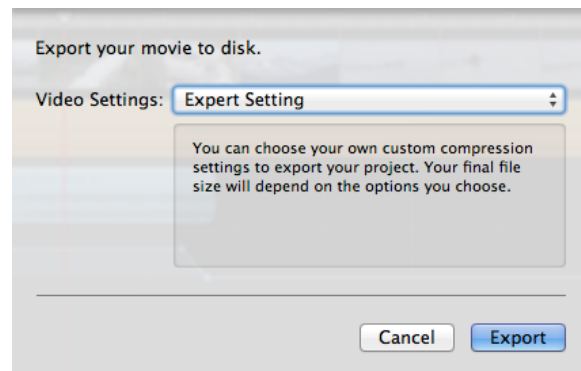


# Exporting a video from Garageband

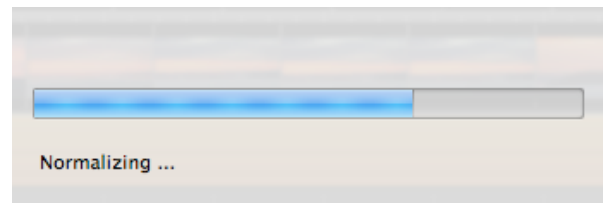
-Choose Share>Export Movie to Disk from the top menus



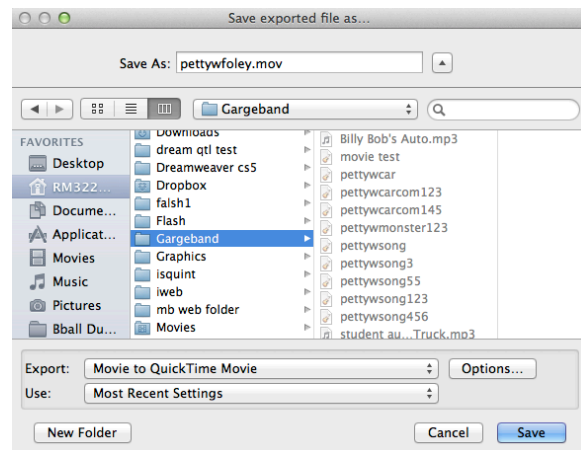
-Choose Expert Setting for the Video Settings



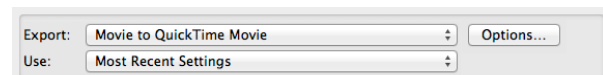
-A few bars will go by as it mixes down and normalizes



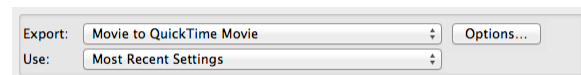
-Save exported file as... menu will pop up  
-Name the project as instructed and choose the save folder for Garageband



-Choose Movie to Quicktime Movie for the Export option located near the bottom

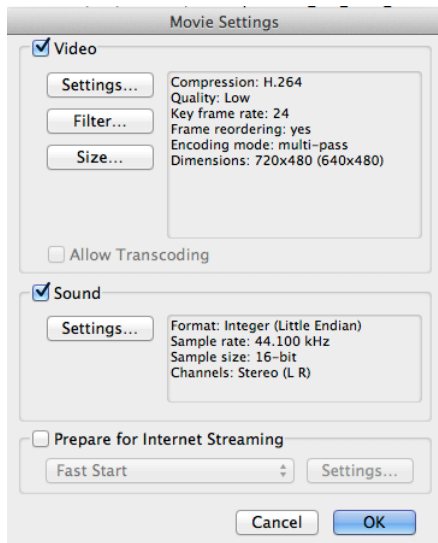


-Click the Options button located near the bottom right

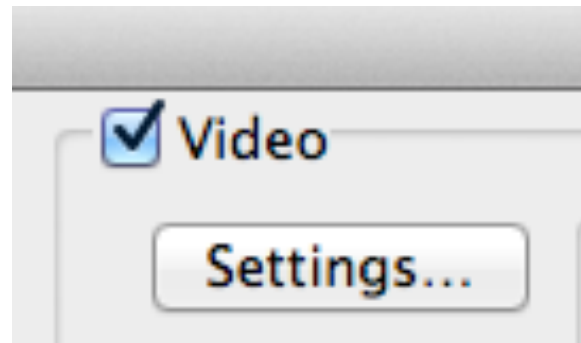


## Exporting a video from Garageband

-Movie Settings window will pop up



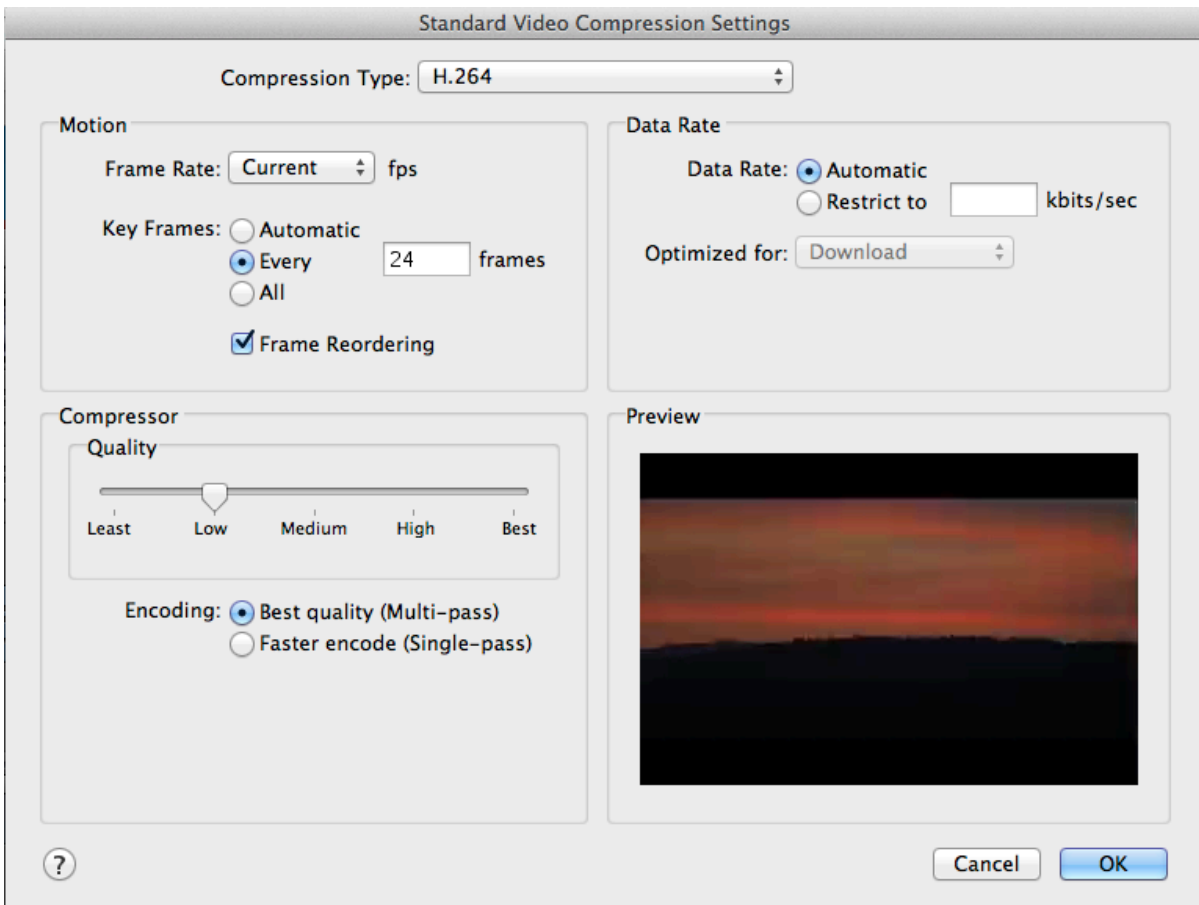
-Click on the Setting button under video



-Standard Video Compression Setting window pops up

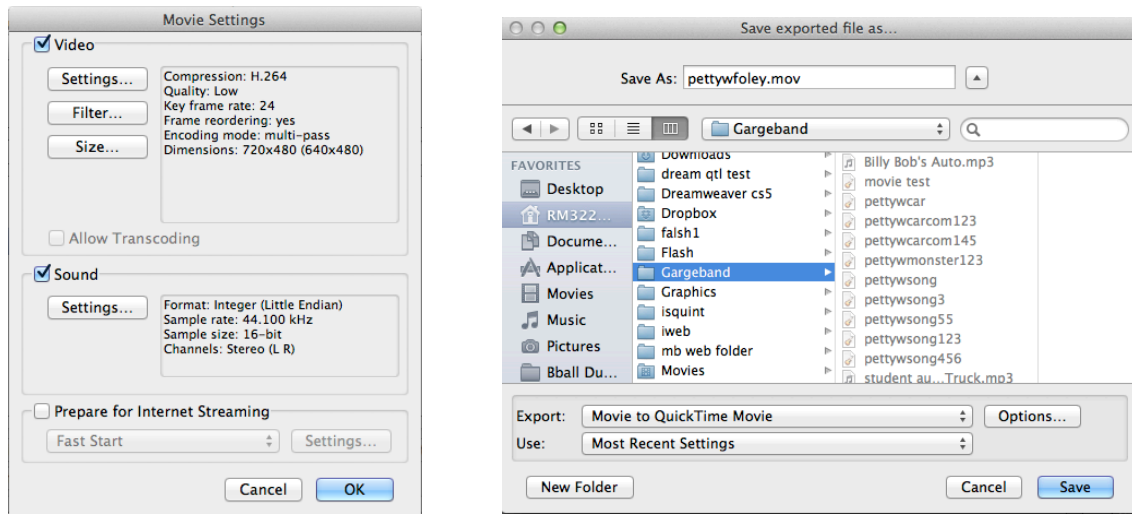
-For Compressor drag the Quality arrow to Low

-Click OK



## Exporting a video from Garageband

-Click OK on the windows that follow (Movie Settings and Save exported file as)



- Click on your exported video in Finder
- Watch your video in Quicktime player before submitting.
- Drag onto the Q icon on the dock to open and play

