



Menus for August & September 2009

Lee County Middle School

Offered Daily

Breakfast : Cereal and Toast

Lunch: Fruit Juice as a Fruit Choice

USDA is an equal opportunity provider and employer.

Still the Best Deal in Town

Breakfast	Lunch
\$1.50	\$2.25

We provide free and reduced-price meals (\$.30 for breakfast, \$.40 for lunch) for eligible students. Please call your school for

Tuesday, Aug.25	Wed., Aug 26	Thurs., Aug. 27	Friday, Aug.28
Chicken Tenders w/ Grain Roll Beef Stroganoff w/ Grain Roll Green Peas Raw Vegetable Cup Baked Apple <u>Breakfast</u> Cheesy Eggs and Toast	Macaroni and Cheese w/ Ham & Grain Roll Corn Dog Nuggets Green Beans Glazed Carrots Seasonal Fresh Fruit <u>Breakfast</u> French Toast	Turkey and Cheese Sandwich on Multi Grain Bun Mexican Beef Rotini w/ Grain Roll Broccoli & Cheese Sauce Black Eye Peas Very Berry Cup <u>Breakfast</u> Toasted Ham and Cheese Sandwich	Cheese Pizza Sloppy Joe on School made roll Corn Pinto Beans Applesauce <u>Breakfast</u> Blueberry Muffin



A Choice of Milk will be offered daily with a complete meal.

Our Menus are subject to change.

Monday, Aug.31	Tuesday, Sept.1	Wed., Sept. 2	Thurs., Sept. 3	Friday, Sept. 4
Taco Pie Chicken and Cheese Quesadilla Tossed Salad Tater Tots Fruit Gelatin <u>Breakfast</u> Cheese Toast	Beef Burrito Ham and Cheese Sandwich on Multi Grain Bun Candied Yams Shredded Lettuce, Tomato and Pickle Chilled Pear Cup <u>Breakfast</u> Good Gravy Pizza	Open Faced Turkey Sandwich Cheeseburger on Multi Grain Bun Lima Beans Creamy Creamed Potatoes Seasonal Fresh Fruit <u>Breakfast</u> Uncrustable Peanut Butter and Jelly	Jerry's Chicken Casserole w/ Grain Roll Fish Sandwich on Multi Grain Bun Coleslaw Strawberry Cup <u>Breakfast</u> Pancakes	Pepperoni Pizza Chili Beans w/ Wheat Crackers Corn Green Peas Applesauce <u>Breakfast</u> Manager's Choice

New This Month!

Mexican Beef Rotini

Taco Pie

give it a try!

LUNCH
PRE-PAYMENT WILL BE
ACCEPTED
SEPTEMBER 9 & 10

FULL PAY \$49.50
REDUCED PAY \$8.80

Monday, Sept. 7

★ ★ ★ ★ ★ ★ ★ ★ ★ ★
Labor
★ ★ ★ ★ ★ ★ ★ ★ ★ ★
DAY

★ ★ ★ ★ ★ ★ ★ ★ ★ ★
Enjoy
your
holiday.

Tuesday, Sept. 8

Chicken Nuggets w/
Grain Roll
Vegetable Beef Soup
w/ Cheese
Sandwich on
Honey Wheat Bread
Steamed Cabbage
Peach Cup

Breakfast
Good Gravy Pizza

Wed., Sept. 9

Pork Roast w/ Gravy
& Grain Roll
Chicken Filet
Sandwich
Creamy Creamed
Potatoes
Green Beans
Seasonal Fresh Fruit

Breakfast
Ham and Cheese
Omelet

Thurs., Sept. 10

Lasagna w/ Grain Roll
Chicken Wings w/
Grain Roll
Tossed Salad
Corn
Chilled Pear Cup

Breakfast
Blueberry Pancakes
on Stick

Friday, Sept 11

Cheese Pizza
Chicken Fajita Wrap
Green Peas
Glazed Carrots
Applesauce

Breakfast
Chocolate Chunk
Muffin

Monday, Sept. 14

Chef Salad w/ Wheat
Crackers
Hot Dog w/ Chili
Coleslaw
Baked Apples

Breakfast
Super Donut

Tues., Sept. 15

Chicken Filet Sandwich
on Multi Grain Bun
Nachos
Lettuce and Pickle
Pinto Beans
Strawberries

Breakfast
Sausage and Toast

Wed., Sept. 16

Spaghetti w/ Grain Roll
Ham and Cheese
Sandwich on Multi
Grain Bun
Corn
Green Peas
Seasonal Fresh Fruit

Breakfast
Mini Pancakes w/
Sausage

Thurs., Sept. 17


Baked Chicken w/
Grain Roll
Cheeseburger on Multi
Grain Bun
Creamy Creamed
Potatoes
Green Beans
Peach Cup

Breakfast
Good Gravy Pizza

Friday, Sept. 18

Pepperoni Pizza
Chicken Salad w/
Wheat Thins
Corn Cobbett
Vegetable Pasta
Salad
Chilled Pear Cup

Breakfast
Yogurt



Lee County
Regional Fair

September
15-20

Monday,

Cheeseburger on
Multi Grain Bun
BBQ Sandwich on
Multi Grain Bun
Coleslaw
French Fries
Chilled Peach Cup

Breakfast
Pancakes w/ Sausage
on Stick

Tues., Sept. 22

Chicken Tenders w/
Grain Bun
Beef Stroganoff w/
Grain Roll
Green Peas
Raw Vegetable Cup
Bakes Apples

Breakfast
Cheesy Eggs w/ Toast

Wed., Sept. 23

Macaroni and Cheese
w/ Ham and Grain Roll
Corn Dog Nuggets
Green Beans
Glazed Carrots
Seasonal Fresh Fruit

Breakfast
French Toast

Thurs., Sept. 24

Turkey and Cheese
Sandwich on Multi
Grain Bun
Mexican Beef Rotini w/
Grain Roll
Broccoli & Cheese
Sauce
Black Eye Peas
Very Berry Cup

Breakfast
Toasted Ham and
Cheese Sandwich

Friday, Sept 25

Cheese Pizza
Sloppy Joes on
School made Roll
Corn
Pinto Beans
Applesauce

Breakfast
Blueberry Muffin

Monday, Sept.

Taco Pie
Chicken and Cheese
Quesadilla
Tossed Salad
Tater Tots
Fruit Gelatin

Breakfast
Cheese Toast

Tues., Sept. 29

Beef Burrito
Ham and Cheese
Sandwich on Multi
Grain Bun
Shredded Lettuce,
Tomato and Pickle
Candied Yams
Chilled Pear Cup

Breakfast
Good Gravy Pizza

Wed., Sept. 30

Open Faced Turkey
Sandwich
Cheeseburger on
Multi Grain Bun
Creamy Creamed
Potatoes
Lima Beans
Seasonal Fresh Fruit

Breakfast
Uncrustable
Peanut Butter and
Jelly