

# Lee County Schools

## Lee Early College Menus For September 2009

**Available Daily!**  
**Breakfast**  
 Cereal & Toast

**Lunch**  
 Fruit Juice as a Fruit Choice

Tuesday, Sept. 1	Wed., Sept. 2	Thurs., Sept. 3	Friday, Sept. 4
Beef Burrito Ham and Cheese Sandwich on Multi Grain Bun Shredded Lettuce, Tomato and Pickle Candied Yams Chilled Pear Cup  <u>Breakfast</u> Good Gravy Pizza	Open Faced Turkey Sandwich Cheeseburger on Multi Grain Bun Creamy Creamed Potatoes Lima Beans Seasonal Fresh Fruit  <u>Breakfast</u>	Jerry's Chicken Casserole w/ Grain Roll Fish Sandwich on Multi Grain Bun Coleslaw Spicy French Fries Strawberry Cup  <u>Breakfast</u> Pancakes	Pepperoni Pizza Chili Beans w/ Wheat Crackers Corn Green Peas Applesauce  <u>Breakfast</u> Manager's Choice

**LUNCH**  
**PRE-PAYMENT WILL BE ACCEPTED**  
**SEPTEMBER 9 & 10**

**FULL PAY \$49.50**  
**REDUCED PAY \$8.80**

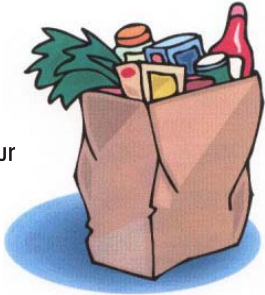
Monday, Sept. 7	Tuesday, Sept. 8	Wed., Sept. 9	Thurs., Sept. 10	Friday, Sept. 11
<div style="text-align: center;"> <p>Enjoy your holiday</p> </div>	Chicken Nuggets w/ Grain Roll Vegetable Beef Soup w/ Cheese Sandwich Honey Wheat Bread and Wheat Crackers Steamed Cabbage Peach Cup <u>Breakfast</u>	Pork Roast w/ Gravy & Grain Roll Chicken Filet Sandwich Creamy Creamed Potatoes Green Beans Seasonal Fresh Fruit  <u>Breakfast</u> Ham and Cheese Omelet	Lasagna w/ Grain Roll Chicken Wings w/ Grain Roll Straight French Fries Corn Chilled Pear Cup  <u>Breakfast</u> Good Gravy Pizza	Pepperoni Pizza Chicken Fajita Wrap Green Peas Glazed Carrots Applesauce  <u>Breakfast</u> Banana Nut Muffin

*Sept. 11, 2001*

*In eternal remembrance of the victims, in continued support of their families, and in undying gratitude to the heroes.*

# WE'RE STILL A BARGAIN

You've been to the grocery store, so you know what's been happening to food prices. We feel your pain, because it's been happening to us, too. We're not a for-profit operation, but we do have to cover all of our costs, and we've had to raise prices this year to do that. Even so, we think we still provide your family with a great bargain: nutritious, tasty, inexpensive complete meals that are here for your kids every day. In fact, when you compare how much more groceries cost you this year, our school meals might actually be a better deal than ever. Thanks for your business!



**Breakfast**  
1.50

**Lunch**  
\$2.25

*We provide free and reduced-price meals (\$.30 for breakfast, \$.40 for lunch) for eligible students. Please call your school for details.*

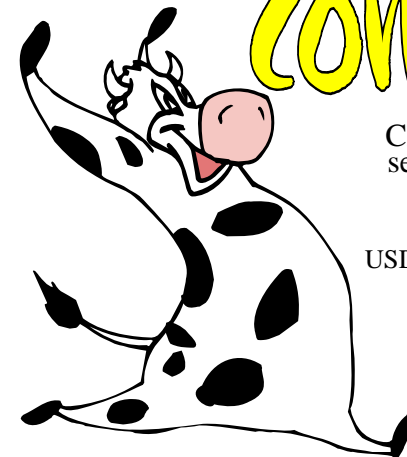
Monday, Sept. 14	Tues., Sept. 15	Wed., Sept. 16	Thurs., Sept. 17	Friday, Sept. 18
Chef Salad w/ Wheat Crackers Hot Dog w/ Chili Coleslaw Spicy French Fries Baked Apples  <b>Breakfast</b> Super Donut	Chicken Filet Sandwich on Multi Grain Bun Nachos Manager's Choice Pinto Beans Strawberries  <b>Breakfast</b> Sausage and Toast	Spaghetti w/ Grain Roll Ham and Cheese Sandwich on Multi Grain Bun Corn Green Peas Straight Cut French Fries Seasonal Fresh Fruit  <b>Breakfast</b> Mini Pancakes w/ Sausage	Baked Chicken w/ Grain Roll Cheeseburger on Multi Grain Bun Creamy Creamed Potatoes Green Beans Peach Cup  <b>Breakfast</b> Good Gravy Pizza	Pepperoni Pizza Chicken Salad w/ Wheat Thins Corn Cobbett Vegetable Pasta Salad Chilled Pear Cup  <b>Breakfast</b> Yogurt
Monday, Sept. 21	Tues., Sept. 22	Wed., Sept. 23	Thurs., Sept. 24	Friday, Sept. 25
Cheeseburger on Multi Grain Bun BBQ Sandwich on Multi Grain Bun Coleslaw Straight Cut French Fries Chilled Peach Cup  <b>Breakfast</b> Pancakes w/ Sausage on Stick	Chicken Tenders w/ Grain Bun Beef Stroganoff w/ Grain Roll Green Peas Raw Vegetable Cup Bakes Apples  <b>Breakfast</b> Cheesy Eggs w/ Toast	Macaroni and Cheese w/ Ham and Grain Roll Corn Dog Nuggets Green Beans Glazed Carrots Seasonal Fresh Fruit  <b>Breakfast</b> French Toast	Turkey and Cheese Sandwich on Multi Grain Bun Mexican Beef Rotini w/ Grain Roll Broccoli & Cheese Sauce Black Eye Peas Very Berry Cup  <b>Breakfast</b> Toasted Ham and Cheese Sandwich	Pepperoni Pizza Sloppy Joes on School made Roll Corn Pinto Beans Applesauce  <b>Breakfast</b> Blueberry Muffin



Lee County Regional Fair  
September 15-20, 2009

Monday, Sept. 28	Tues., Sept. 29	Wed., Sept. 30
Taco Pie Chicken and Cheese Quesadilla Tossed Salad Tater Tots Fruit Gelatin  <b>Breakfast</b> Cheese Toast	Beef Burrito Ham and Cheese Sandwich on Multi Grain Bun Shredded Lettuce, Tomato and Pickle Candied Yams Chilled Pear Cup  <b>Breakfast</b> Good Gravy Pizza	Open Faced Turkey Sandwich Cheeseburger on Multi Grain Bun Creamy Creamed Potatoes Lima Beans Seasonal Fresh Fruit <b>Breakfast</b> Uncrustable Peanut Butter and Jelly

I'm chock full o' **COWcium**



Choice of milk served with all complete

USDA is an equal opportunity provider and employer.

Our Menus are subject to change.