



# Menus for August & September 2009

**Lee County High School**

## Offered Daily

Breakfast : Cereal and Toast

Lunch: Fruit Juice as a Fruit Choice

USDA is an equal opportunity provider and employer.

**Still the Best Deal in Town**

|                  |               |
|------------------|---------------|
| <b>Breakfast</b> | <b>Lunch</b>  |
| <b>\$1.50</b>    | <b>\$2.25</b> |

We provide free and reduced-price meals (\$.30 for breakfast, \$.40 for lunch) for eligible students. Please call your school for

| Tuesday, Aug.25   | Wed., Aug 26   | Thurs., Aug. 27   | Friday, Aug.28   |
|---|--|---|--|
| Chicken Tenders w/ Grain Roll<br>Beef Stroganoff w/ Grain Roll<br>Green Peas<br>Raw Vegetable Cup<br>Baked Apple<br><br><u>Breakfast</u><br>Cheesy Eggs and Toast | Macaroni and Cheese w/ Ham & Grain Roll<br>Corn Dog Nuggets<br>Green Beans<br>Glazed Carrots<br>Seasonal Fresh Fruit<br><br><u>Breakfast</u><br>French Toast | Turkey and Cheese Sandwich on Multi Grain Bun<br><b>Mexican Beef Rotini</b> w/ Grain Roll<br>Broccoli & Cheese Sauce<br>Black Eye Peas<br>Very Berry Cup<br><u>Breakfast</u><br>Toasted Ham and Cheese Sandwich | Pepperoni Pizza<br>Sloppy Joe on School made roll<br>Corn<br>Pinto Beans<br>Applesauce<br><br><u>Breakfast</u><br>Blueberry Muffin |



**A Choice of Milk will be offered daily with a complete meal.**

Our Menus are subject to change.

| Monday, Aug.31  | Tuesday, Sept.1   | Wed., Sept. 2   | Thurs., Sept. 3   | Friday, Sept. 4  |
|---|---|---|---|--|
| <b>Taco Pie</b><br>Chicken and Cheese Quesadilla<br>Tossed Salad<br>Tater Tots<br>Fruit Gelatin<br><br><u>Breakfast</u><br>Cheese Toast | Beef Burrito<br>Ham and Cheese Sandwich on Multi Grain Bun<br>Candied Yams<br>Shredded Lettuce, Tomato and Pickle<br>Chilled Pear Cup<br><br><u>Breakfast</u><br>Good Gravy Pizza | Open Faced Turkey Sandwich<br>Cheeseburger on Multi Grain Bun<br>Lima Beans<br>Creamy Creamed Potatoes<br>Seasonal Fresh Fruit<br><br><u>Breakfast</u><br>Uncrustable Peanut Butter and Jelly | Jerry's Chicken Casserole w/ Grain Roll<br>Fish Sandwich on Multi Grain Bun<br>Coleslaw<br>Spice French Fries<br>Strawberry Cup<br><br><u>Breakfast</u><br>Pancakes | Pepperoni Pizza<br>Chili Beans w/ Wheat Crackers<br>Corn<br>Green Peas<br>Applesauce<br><br><u>Breakfast</u><br>Manager's Choice |

**New This Month!**

**Mexican Beef Rotini**

**Taco Pie**

**give it a try!**

**LUNCH**  
**PRE-PAYMENT WILL BE**  
**ACCEPTED**  
**SEPTEMBER 9 & 10**

**FULL PAY \$49.50**  
**REDUCED PAY \$8.80**

**Monday, Sept. 7**

★ ★ ★ ★ ★ ★ ★ ★ ★ ★  
**Labor**  
 ★ ★ ★ ★ ★ ★ ★ ★ ★ ★  
**DAY**

★ ★ ★ ★ ★ ★ ★ ★ ★ ★  
**Enjoy**  
**your**  
**holiday.**

**Tuesday, Sept. 8**

Chicken Nuggets w/  
 Grain Roll  
 Vegetable Beef Soup  
 w/ Cheese  
 Sandwich on  
 Honey Wheat Bread  
 Steamed Cabbage  
 Peach Cup

**Breakfast**  
 Good Gravy Pizza

**Wed., Sept. 9**

Pork Roast w/ Gravy  
 & Grain Roll  
 Chicken Filet  
 Sandwich  
 Creamy Creamed  
 Potatoes  
 Green Beans  
 Seasonal Fresh Fruit

**Breakfast**  
 Ham and Cheese  
 Omelet

**Thurs., Sept. 10**

Lasagna w/ Grain Roll  
 Chicken Wings w/  
 Grain Roll  
 Straight Cut French  
 Fries  
 Corn  
 Chilled Pear Cup

**Breakfast**  
 Blueberry Pancakes  
 on Stick

**Friday, Sept 11**

Pepperoni Pizza  
 Chicken Fajita Wrap  
 Green Peas  
 Glazed Carrots  
 Applesauce

**Breakfast**  
 Chocolate Chunk  
 Muffin

**Monday, Sept. 14**

Chef Salad w/ Wheat  
 Crackers  
 Hot Dog w/ Chili  
 Coleslaw  
 Spicy French Fries  
 Baked Apples

**Breakfast**  
 Super Donut

**Tues., Sept. 15**

Chicken Filet Sandwich  
 on Multi Grain Bun  
 Nachos  
 Lettuce and Pickle  
 Pinto Beans  
 Strawberries

**Breakfast**  
 Sausage and Toast

**Wed., Sept. 16**

Spaghetti w/ Grain Roll  
 Ham and Cheese  
 Sandwich on Multi  
 Grain Bun  
 Corn  
 Straight Cut French  
 Fries  
 Green Peas  
 Seasonal Fresh Fruit

**Breakfast**  
 Mini Pancakes w/  
 Sausage

**Thurs., Sept. 17**

Baked Chicken w/  
 Grain Roll  
 Cheeseburger on Multi  
 Grain Bun  
 Creamy Creamed  
 Potatoes  
 Green Beans  
 Peach Cup

**Breakfast**  
 Good Gravy Pizza

**Friday, Sept. 18**

Pepperoni Pizza  
 Manager's Choice  
 Corn Cobbett  
 Vegetable Pasta  
 Salad  
 Chilled Pear Cup

**Breakfast**  
 Yogurt



Lee County  
 Regional Fair

September  
 15-20

**Monday, Sept. 21**

Cheeseburger on Multi  
 Grain Bun  
 BBQ Sandwich on Multi  
 Grain Bun  
 Coleslaw  
 Straight French Fries  
 Chilled Peach Cup

**Breakfast**  
 Pancakes w/ Sausage  
 on Stick

**Tues., Sept. 22**

Chicken Tenders w/  
 Grain Bun  
 Beef Stroganoff w/  
 Grain Roll  
 Green Peas  
 Raw Vegetable Cup  
 Bakes Apples

**Breakfast**  
 Cheesy Eggs w/  
 Toast

**Wed., Sept. 23**

Macaroni and Cheese  
 w/ Ham and Grain Roll  
 Corn Dog Nuggets  
 Green Beans  
 Glazed Carrots  
 Seasonal Fresh Fruit

**Breakfast**  
 French Toast

**Thurs., Sept. 24**

Turkey and Cheese  
 Sandwich on Multi  
 Grain Bun  
 Mexican Beef Rotini w/  
 Grain Roll  
 Broccoli & Cheese  
 Sauce  
 Black Eye Peas  
 Very Berry Cup

**Breakfast**  
 Toasted Ham and  
 Cheese Sandwich

**Friday, Sept 25**

Pepperoni Pizza  
 Sloppy Joes on School  
 made Roll  
 Corn  
 Pinto Beans  
 Applesauce

**Breakfast**  
 Blueberry Muffin

**Monday, Sept. 28**

Taco Pie  
 Chicken and Cheese  
 Quesadilla  
 Tossed Salad  
 Tater Tots  
 Fruit Gelatin

**Breakfast**  
 Cheese Toast

**Tues., Sept. 29**

Beef Burrito  
 Ham and Cheese  
 Sandwich on Multi  
 Grain Bun  
 Shredded Lettuce,  
 Tomato and Pickle  
 Candied Yams  
 Chilled Pear Cup

**Breakfast**  
 Good Gravy Pizza

**Wed., Sept. 30**

Open Faced Turkey  
 Sandwich  
 Cheeseburger on  
 Multi Grain Bun  
 Creamy Creamed  
 Potatoes  
 Lima Beans  
 Seasonal Fresh Fruit

**Breakfast**  
 Uncrustable  
 Peanut Butter and  
 Jelly